# **VISWASS SCHOOL & COLLEGE OF NURSING**

# GNM 1<sup>ST</sup> YEAR

### ANATOMY AND PHYSIOLOGY

## UNIT-6

### THE RESPIRATORY SYSTEM

### **OBJECTIVE QUESTION AND ANSWER**

PREPARE BY: MS. AMRITA SINGH, DEPARTMENT OF NURSING, VISWASS

#### (A)<u>Multiple choices.(10mark)</u>

1.Name the process of gaseous exchange in the body.

- a) Lymphatic system
- b) Respiration
- c) Cardiovascular system
- d) Respiratory system

ans: Respiration

2. When you breath in air, you bring oxygen into your lungs and blow

out\_\_\_\_\_.

- a) carbon dioxide
- b) carbon monoxide
- c) oxygen
- d) hydrogen

ans: Carbon dioxide

#### 3. The trachea is also called the \_\_\_\_\_.

- a) lungs
- b) windpipe
- c) bronchus
- d) diaphragm

ans: Windpipe

4. The voice box is also known as the \_\_\_\_\_.

- a) Alveoli
- b) Larynx
- c) Trachea
- d) Bronchus

ans: Larynx

5. Air enters your lungs through the \_\_\_\_\_.

- a) Trachea
- b) Esophagus
- c) Alveoli
- d) Larynx

**Ans: Trachea** 

6.when you inhale, your lungs \_\_\_\_\_?

- a) Inflate
- b) Turn purple
- c) deflate
- d) disappear

Ans: inflate

7. . What are alveoli?

- a) Alveoli are tiny cells
- b) Alveoli are large blood vessels
- c) Alveoli are tiny blood vessels
- d) Alveoli are tiny sacs in the lungs

ans: Alveoli are tiny sacs in the lungs

8. The maximum volume of air contained in the lung by a full forced inhalation is called

- a) Vital capacity
- b) Tidal volume
- c) Total lung capacity
- d) Inspiratory capacity

ans: Total lung capacity

9. What can not be stored by the body?

- a) Vitamins
- b) Energy
- c) Minerals
- d) Oxygen

Ans:oxygen

10. . The maximum volume of air that can be released from the lungs by forceful expiration after deepest inspiration is called the \_\_\_\_\_.

- a) Total lung capacity
- b) Vital capacity
- c) Tidal volume

#### d) Ventilation rate

ans: Vital capacity

(B)Fill in the blanks.(10mark)

1.\_\_\_\_\_ divides nasal cavity to 2 halves.(ans: nasal septum)

2.The right lung has \_\_\_\_\_ lobes.(ans: three)

3.Air sacs inside the lungs are called \_\_\_\_\_.(ans: Alveoli)

4.Larynx attaches to \_\_\_\_\_ bone superiorly.(ans:Hyoid)

5.The larynx has \_\_\_\_\_ cartilages connected by membranes and ligaments.(ans: 9)

6.The trachea is made of 16-20 C-shaped rings of \_\_\_\_\_ cartilage.(ans: Hyaline)

7.The diffusion of gases between the alveoli and the alveolar capillaries is called \_\_\_\_\_\_.(ans: External respiration)

8.The absorption of oxygen and the release of carbon dioxide by cells is called \_\_\_\_\_\_.(ans:Internal respiration)

9.Volume of air remaining in the lungs after forced expiration\_\_\_\_\_(ans: Residual volume)

10.Remaining capacity of the respiratory passagesis called \_\_\_\_\_(ans: anatomical dead space)